

## Position Description

# Psychologist/Social Worker

June 2025

### Company description

The Talking Couch is a private mental health practice in Nowra, NSW. Our focus is on adolescents and young adults (12-24 years). We have developed excellent relationships within the community, providing high-quality psychosocial services and a strong referral network, especially among local GPs. Our approach is client-centred, trauma-informed, strength-based, and recovery-oriented. We offer individual, couples, and group counselling sessions besides our diagnostic services (focused on autism, ADHD, and learning difficulties). While we use an ever-increasing variety of therapeutic modalities (CBT, DBT, ACT, Motivational Interviewing, Narrative Therapy, Schema Therapy, etc.), our engagements are first-and-foremost relationship-driven.

### Overview of the position

This position suits a psychologist (general registration) or accredited mental health social worker with the relevant training and registration. The focus of the position is to provide psychosocial treatments and diagnostic services to our clients. This includes:

- Intake and assessment
- Collaboratively developing a treatment plan with the client and ongoing adjustments as necessary
- Ongoing treatment sessions using a variety of interventions and settings
- Performing diagnostic assessments and writing a comprehensive report (within the scope of the profession)
- Always act within the legal and ethical frameworks of the profession and to uphold the reputation of The Talking Couch
- Comply with subpoena or court appearance request on behalf of referred clients

There are also additional administrative requirements, such as:

- Writing treatment notes
- Seeking consent from clients for treatment
- Following up referrals, booking in clients, managing re-bookings, payments, and fees

- Updating the digital practice management system (Halaxy) as required and in a timely manner
- Communication with clients (sending invoices, reminders, etc)
- Adhere to requirements for external systems, e.g., Open Arms, Victim Services, NDIS.

Further, it is expected that someone working in this position will adhere to the standards set out by their respective professional association (Code of Conduct, Code of Ethics), keep their CPD updated, undergo regular supervision, keep their insurance up to date as required, etc.

## Reporting lines and training

The position reports to the practice manager (administration) and the clinical supervisor.

Ongoing, individualised in-house training and supervision are available.

## Salary

The salary for the role is negotiable and depends on the type of employment (full-time, part-time, casual, or subcontracted) and the experience and qualifications of the employee.

## Benefits

There are numerous non-monetary benefits that come with the position, such as

- Free in-house supervision, training, and mentoring
- High independence regarding workload, time management, clients, and therapeutic interventions (all within reason and subject to administrative considerations by practice management)

## Diversity statement

The Talking Couch recognises that people come from many diverse cultural backgrounds. We cherish this diversity and believe that it enriches all our lives. This applies equally to our clients and our employees and subcontractors. Social justice and equity are central to our mission and guide our work every day. We are continually working on this as we become more aware of our positionality, including unconscious biases or privileges.